

Race Results week ending 12th May 2019:

What a week! First place at Malham for Julian and by my reckoning, Skipton vests have collectively run 559 miles in races alone this weekend! Plus: Martin and Steve ran a whopping 156 miles between them last weekend! Well done everyone.

Fountains Abbey parkrun

A total of 348 runners took part.

1	1	Lee STANLEY	Ripon Runners	00:18:17
9	1	Emma SORBY	Ripon Runners	00:19:42
88	15	Sophie NEWBOULD	Skipton AC	00:24:12 NEW PB!

Tamar Lakes parkrun

A total of 121 runners took part.

1	1	Wayne STEPHENS	Torrington AAC	00:19:07
8	8	James ELLIS	Skipton AC	00:21:43 NEW PB!
16	1	Helen HEARD	Unattached	00:23:43

Clifton parkrun

A total of 30 runners took part.

1	1	Paul BARNES	Redway Runners	00:19:59
7	7	Giacomo SALICI	Skipton AC	00:23:42 NEW PB!
8	1	Helen CLARKE	Formula One Circuit Crew	00:23:44

Cliffe Castle parkrun

A total of 178 runners took part.

1	1	Callum JAMES	Unattached	00:19:16
39	1	Tina CARDAMONE	Keighley & Craven AC	00:26:12
60	55	Peter WOOD	Skipton AC	00:27:58

SILVA Great Lakeland 3 Day 2019 - 4/5/6 May (90km / 5500m)

Pos	Name	Cat	Day 1		Day 2		Day 3		Total
1st	Will Hancock	M	05:15:17	(1)	05:22:14	(5)	03:43:00	(4)	14:20:31
18th	Martin Hancock	MV	06:06:27	(20)	06:21:10	(27)	04:47:32	(37)	17:15:09 (7 th MV)
21st	Christine Waller	F	05:49:25	(13)	06:48:15	(40)	04:41:57	(27)	17:19:37

Hadrian Hundred Marshals' Walk 4-6 May (100 miles)

Pos	Name	Time (Hrs:Mins)
1	Alwyn Nixon	29:29
2	Wendy Thurrell	29:15
13	Stephen Hall	37:31

Spire Ultra (30 miles)

1	Kevin Hoult	4.30.42
12	Karen Nash	5.57.37
49	Stephen Hall	7.35.25

Pendle Cloughs Fell Race (14 miles)

1	Iain Embrey	Bowland Fell Runners	2.13.12
23 (lady 1)	Jean Brown	Clayton-le-Moors Harriers	LV50* 2.45.49
42	Martin Hancock	Skipton AC	V50 2.56.39

Leeds Half

1	Mohammad Aburezeq	Male	M	Altrincham & District AC	01:07:56
53	Faye Banks	Female	F35	Pontefract AC	01:21:29
3199	Rachel Aydin	Female	F40	Skipton AC	02:08:08

Malhamdale Trail Half

Name	Club	Cat	Time
Julian Hood	Skipton AC	MV40	01:34:31 1 st PLACE
Scout Adkin	Ambleside AC	F	01:46:00
Andrew Cairns	Skipton AC	M	01:53:13
Thomas Clarke	Skipton AC	M	01:54:30
Richard Annable	Skipton AC	MV60	01:55:32
Philip Dean	Skipton AC	M	02:00:14
Annmarie Bulcock	Skipton AC	FV50	02:03:20
Jayne Butterworth	Skipton AC	FV50	02:05:47
John Harrison	Skipton AC	MV50	02:05:52
Michael Mcinnes	Skipton AC	MV40	02:09:00
Patricia Gill	Skipton AC	FV50	02:09:04
Karen Chown	Skipton AC	FV50	02:10:46
Stuart Bond	Skipton AC	MV40	02:13:13
Mel Ives	Skipton AC	F	02:14:14
Sue Marshall	Skipton AC	FV50	02:14:34
Hilary Seward	Skipton AC	FV50	02:15:08
Jodie Bolland	Skipton AC	F	02:18:36
David Gorman	Skipton AC	MV50	02:18:54
James Kirkpatrick	Skipton AC	MV50	02:20:36
Karen Hood	Skipton AC	FV40	02:20:44
Antony Radley	Skipton AC	MV50	02:22:08
Rachel Gaunt	Skipton AC	FV50	02:23:45
Tina Brocklebank	Skipton AC	FV40	02:24:57
Angela Dowbiggin	Skipton AC	FV50	02:31:17
Hazel Ives	Skipton AC	FV60	02:31:17
Judith Lindsley	Skipton AC	FV50	02:32:37
Pam Lund	Skipton AC	FV50	02:32:43
Emma Lacey	Skipton AC	FV50	02:38:35
Jan Smith	Skipton AC	FV50	02:38:35
Shirley Everett	Skipton AC	FV60	02:39:12
Kathryn Radley	Skipton AC	FV50	02:47:12
Chris Rose	Skipton AC	FV60	02:47:36
Paul Norman	Skipton AC	MV50	02:47:58
Sarah Millington	Skipton AC	FV40	02:51:11
Hazel Smith	Skipton AC	FV50	02:51:11
Gillian Elsworth	Skipton AC	FV50	02:53:25
Rebecca Malin	Skipton AC	FV40	02:53:25
Barbara Robinson	Skipton AC	FV60	03:15:12

Pendle Triathlon

Place	Name	Gender AG	Swim T1	Bike T2	Run	Finish
1.	Martin Greenwood	M Over 30	05:30 00:58	33:56 01:05	19:59	1:00:55
17.	Angela Knowles	F Over 40	07:25 01:03	40:29 00:53	22:20	1:11:50
26.	Ben Davies	M Over 30	07:12 00:45	40:20 01:04	24:14	1:13:37
40.	Michael Mcinnes	M Over 40	11:14 01:40	45:01 00:59	23:48	1:22:43
60.	Annmarie Bulcock	F Over 50	14:11 01:28	49:16 01:06	25:57	1:32:00