

## Race Results week ending 2nd June 2019:

Excellent achievements and loads of bling won by the Skipton disabled athletics team in York last week. Bloomin' amazing!

### Skipton parkrun

A total of 219 runners took part.

1	1	Chris OVENDEN	Unattached	00:17:12
4	4	Andrew CAIRNS	Skipton AC	00:18:23
8	8	Michael MCINNES	Skipton AC	00:20:23
13	13	Richard ANNABLE	Skipton AC	00:21:31
18	18	Angus MEIKLE	Skipton AC	00:22:15
19	1	Catherine WHITE	Unattached	00:22:19
22	2	Ann-Marie BULCOCK	Skipton AC	00:23:08
31	3	Hilary SEWARD	Skipton AC	00:24:09
40	5	Rachel GAUNT	Skipton AC	00:25:12
56	44	Graham HOGGARTH	Skipton AC	00:26:16
57	45	Peter WOOD	Skipton AC	00:26:22
92	25	Sarah WILLS	Skipton AC	00:29:31

### Conyngham Hall parkrun

A total of 252 runners took part.

1	1	Tom CALVERT	Knaresborough Striders	00:18:10
32	1	Nicola CARTER	Knaresborough Striders	00:23:08
177	66	Tammy JOHNSON	Skipton AC	00:34:07

### Hutton Roof Fell Race (25 May – 7 miles)

1	350	Nick Leigh	00:51:49	V40	1	Male	1	HORWICH RMI
3	378	Victoria Wilkinson	00:53:40	V40	1	Female	1	BINGLEY HARRIERS
54	347	Martin Hancock	01:07:42	V50	14	Male	51	SKIPTON AC

### Austwick Amble

1	Tim Stratton	Man	City Of York	00:48:41
13	Helen Thornhill	Lady	Ribble Valley Harriers	00:56:21
55	Martin Hancock	MV50	Skipton AC	01:04:16
99	Jayne Butterworth	LV50	Skipton AC	01:11:25
125	Sue Marshall	LV50	Skipton AC	01:17:50
144	Tina Brocklebank	LV40	Skipton AC	01:22:33
155	David Ferguson	MV50	Skipton AC	01:28:41

### Long Duddon Fell Race (18 miles)

1	Rhys Findley Robinson	Dark Peak Fell Runners	M	2:59:15
22	Bryony Halcrow	Harrogate Harriers AC	F	3:55:59
65	Martin Hancock	Skipton AC	MV50	4:29:36

### Ingleton Waterfalls Trail Race (4.5 miles)

1	James Warburton	M	Knaresborough	00:30:52
22	Jacqueline Colins	F35	Barlick	00:37:45
36	Neil Maloney	M45	Skipton	00:39:44
42	Roger Harper	M45	Skipton	00:41:23

### Edinburgh Marathon

1	Dan Tanui	2h 30m 13s
24	Melanie Wilkins	2h 42m 56s
3688	Michelle Miller	4h 20m 27s (sorry I missed you last week)

### York open meet – Skipton disabled athletes' results

Nathan Mitchell	5 golds 100m, 200m, long jump, shot putt and relay
Joseph Mitchell	1 gold, 3 silver and 1 bronze 100m, 200m, long jump, shot putt and relay
Dylan Lightowler	1 gold, 1 bronze, 5th, 9th, 11th
Robbie Cliffe	1 gold, 1 silver, 1 bronze, 3-4ths 100m, 200m, long jump, shot putt and relay
Seth Balson	1 bronze, 4th, 7th,
Aidan Knights	2 silver, 7th, 10th, 12th 100m, 200m, long jump, shot putt and relay
James Crossley	1 gold, 1 silver, 8th and 10th 200m, 800m, Shot putt, relay

### Pen-Y-Ghent Fell Race (7 miles)

1	Darren Kay	MV40	49:35	Calder Valley FR 1st Man/1st MV40
23	Scout Adkin	Lady	57:23	Ambleside AC 1st Lady
109	Neil Maloney	MV40	1:08:24	Skipton AC
138	Gareth Dixon	Man	1:13:13	Skipton AC

### Wharfedale Trail Half Marathon

1st	299	Phil Marsden	Horwich R M I Harriers	MV35	01:25:15
4th	215	Julian Hood	Skipton AC	MV40	01:32:03 1 <sup>st</sup> Local
8th	497	Zanthe Wray	Dark Peak Fell Runners	F	01:35:36
12th	412	Gavin Smith	Skipton AC	MV35	01:39:42 3 <sup>rd</sup> Local
149th=	192	John Harrison	Skipton AC	MV50	02:07:04
151st	162	Patricia Gill	Skipton AC	FV50	02:07:08
184th	216	Karen Hood	Skipton AC	FV40	02:13:18
210th	268	James Kirkpatrick	Skipton AC	MV55	02:16:25
216th	165	David Gorman	Skipton AC	MV55	02:16:57
232nd	233	Hazel Ives	Skipton AC	FV60	02:19:15
236th	41	Jodie Bolland	Skipton AC	F	02:19:33
298th	271	Emma Lacey	Skipton AC	FV50	02:32:48
299th	121	Angela Dowbiggin	Skipton AC	FV50	02:33:00
318th	77	Clare Canty	Skipton AC	FV35	02:39:36
326th	132	Gillian Elsworth	Skipton AC	FV50	02:42:28
345th	413	Hazel Smith	Skipton AC	FV50	02:46:00

### Leeds Race for Life 10k

Daz Lambert ran in this event – no results available