**Skipton AC: Winter routes rota**

A Town circular backwards B Central Town C Embsay/Eastby D Town circular forwards

E North-East town I Intervals H Handicap pr parkrun, xc cross country

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **September** | | | | | **October** | | | | | **November** | | | | |
| Mon |  |  |  |  | 27th | 4th | 11th | 18th | 25th |  | 1st | 8th | 15th | 22nd | 29th |
| Tue |  |  |  |  | A | I | D | A | C |  | I | E | B | D | E |
| Wed |  |  |  |  | Pub  run | Pub  run | Pub  run | Pub  run | Pub  run |  | Pub  run | Pub  run | Pub  run | Pub  run | (Dec) |
| Thu |  |  |  |  | B | C | E | B | H |  | D | A | C | H |  |
| Fri |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sat |  |  |  |  |  |  | pr |  |  |  |  | pr |  | pr |  |
| Sun |  |  |  |  |  |  |  |  |  |  | XC | Bolton  Abbey |  |  |  |

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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **December** | | | | | **January** | | | | | **February (March)** | | | | |
| Mon | (30th Nov) | 6th | 13th | 20th |  | 3rd |  |  |  |  |  |  |  |  |  |
| Tue | (E) | I | C | A |  |  |  |  |  |  |  |  |  |  |  |
| Wed | Dec  Pub | UWFR | Pub  run | Pub  run |  |  |  |  |  |  |  |  |  |  |  |
| Thu | A | B | D | H |  |  |  |  |  |  |  |  |  |  |  |
| Fri |  | AGM |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sat |  | pr |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sun | XC |  | XC |  |  |  |  |  |  |  |  |  |  |  |  |