

Race Results week ending 28th January 2018:

Halifax parkrun

A total of 138 runners took part.

1	1	Matthew SUTTON	Unattached	00:19:09
13	13	James KIRKPATRICK	Skipton AC	00:21:59
29	1	Julie NAREY	Unattached	00:24:32

Cuerden Valley parkrun

A total of 178 runners took part.

1	1	Richard HOWARTH	Horwich RMI Harriers	00:18:17
13	1	Sarah JEPSON	Love Trail Running	00:22:08
31	28	David STUBLEY	Skipton AC	00:24:26

Skipton parkrun

A total of 177 runners took part.

1	1	Martin ARCHER	Ilkley Harriers AC	00:18:24
4	1	Pauline POWELL	Blackburn Harriers & AC	00:18:44
6	5	Michael MCINNES	Skipton AC	00:19:55
17	4	Jenny WADE	Skipton AC	00:22:20
24	19	Joel DALBY	Skipton AC	00:22:39
41	35	Gavin SMITH	Skipton AC	00:23:35
53	12	Karen Elizabeth HOOD	Skipton AC	00:24:20
56	14	Hilary SEWARD	Skipton AC	00:24:37
75	57	Antony RADLEY	Skipton AC	00:25:48
78	58	Aziz KARSLI	Skipton AC	00:25:54
105	70	Peter WOOD	Skipton AC	00:28:10
108	37	Rachel AYDIN	Skipton AC	00:28:22
113	40	Chris ROSE	Skipton AC	00:28:39
115	42	Hazel SMITH	Skipton AC	00:29:11
140	57	Sarah MILLINGTON	Skipton AC	00:32:20

LDWA That's Lyth Challenge (approx. 24 miles, 3200 ft ascent)

Steve Hall and Tony Wimbush completed this challenge in around 4 hrs 40 mins.

Another result to celebrate....

Congratulations Hilary on passing your athletics training course!