

SKIPTON AC – PROPOSED CLUB CHAMPIONSHIP

1. Rationale for having a Club Championship

The reasons for, and aims of, introducing a Club Championship are:

- (a) Promotion of the Club in the local area to increase the membership of the Club;
- (b) Promotion of the Club in the local area to potential sponsors;
- (c) Recognise and reward achievement and therefore retain and potentially attract talent;
- (d) Encourage members to compete in a wide-range of different events;
- (e) To give members the confidence to attend races (on the basis that they know there will be friendly faces there); and
- (f) To have fun!

2. Rules

To encourage maximum participation and to ensure that the management is as simple as possible, the rules are the minimum necessary to achieve the above aims:

- (a) Only fully paid up members of Skipton AC are eligible to compete;
- (b) Runners are only eligible if they enter as Skipton AC;
- (c) Runners must compete in a Skipton AC vest;
- (d) Points are awarded on a sliding scale from 30 downwards for men and women separately – i.e. 30 points for 1st Skipton AC male runner, 29 points for 2nd Skipton AC male runner etc (this means points are available for up to 60 runners which should encourage participation);
- (e) A runner's best 8 results (out of the 14 races) count. For the avoidance of doubt if a runner does not complete 8 races they are still eligible but will score 0 for the missed races.
- (f) Separate points are not kept for Veteran competitions; however separate prizes are given (for V40, V50 and V60).

3. Proposed Races

Proposed races for 2018 are set out below. These were selected on the basis that:

- (a) They include a variety of terrains;
- (b) They include a variety of distances;
- (c) They are local;
- (d) All are easy to enter;
- (e) They are all either free or reasonable value for money.

* Races are subject to change including if confirmed dates lead to clashes.

Skipton AC Club Champs Races 2018

	Race	Date	Cost	Terrain	Approximate Distance
1	Stanbury Splash	Sunday 14 January	£3	Fell	7 miles
2	Skipton Parkrun	Saturday 3 February	Free	Road	5k
3	WY Winter League Race – Stainland	Sunday 25 February	Free	Cross Country	5 miles
4	Dent 14m	Saturday 10 March	£12	Road	14.5 miles
5	The all new Due North Burnsall Half marathon	Saturday 21 April	£30	Trail	14 miles
6	Kildwick Fell Race	Wednesday 16 May	£5	Fell	4.5 miles
Club event	(Calderdale Relay)	Sunday 20 May			
7	Wharfedale Half	Saturday 2 June	£18	Trail	Half Marathon
Club weekend away	(Keswick Mountain Festival)	Saturday 10 June			Trail, triathlon swim races
Club event	(Millennium Way Relay)	24 June			
8	Bentham 10k	Sunday 1 July	£8	Road	10k
9	Stirton Fell Race	Wednesday 4 July	£3	Fell	9k
Club event	(Washburn relay)	Friday 13 July			
10	Littondale 4m road race	Saturday 11 August	£4	Road	5m
11	Gargrave Show	Saturday 18 August	Show entry	Fell	3.5m
12	Embsay Fell Race	Sunday 16 September	£3	Fell	3 miles
13	Shaun Lee Johnstone 10 Miler (Boroughbridge)	Sunday 14 October	£10	MT	10m
14	Leeds Abbey Dash	Sunday 4 November	£20	Road	10k

14 Races over season, 8 to count. (Nb Club events listed for reference only)