Race Results week ending 19th January 2020:

18.01.2020

Shipley Country parkrun

A total of 350 runners took part.

1	1	Martin KERR	Shelton Striders	00:18:31	
28	1	Fleur PICKERING	Unattached	00:23:32	
149	44	Janet COUTTS	Skipton AC	00:30:30	РВ

Southwark parkrun

A total of 622 runners took part.

1	1	Elliot HOARE	Unattached	00:17:20
2	1	Stephie PENNYCOOK	Fife AC	00:17:21
380	106	Martha RADLEY	Skipton AC	00:27:55

Fountains Abbey parkrun

A total of 429 runners took part.

1	1	Chris MILLER	Harrogate Harriers & AC	00:16:59	
28	1	Ruth BRIGGS	Hart Road Runners	00:21:01	
207	65	Hazel SMITH	Skipton AC	00:28:57	
229	75	Sarah MILLINGTON	Skipton AC	00:29:42	РВ

Pendle parkrun

A total of 63 runners took part.

1	1	Adam HOLDA	Trawden AC	00:20:38
4	1	Fionnuala SWANN	Trawden AC	00:23:06
5	4	Michael MCINNES	Skipton AC	00:23:19

Cliffe Castle parkrun

A total of 217 runners took part.

1	1	Rob BYERS	Unattached	00:17:51	
12	1	Lorna HUBBARD	Keighley & Craven AC	00:22:38	
13	2	Mel IVES	Skipton AC	00:22:46	
31	27	Derek IVES	Skipton AC	00:25:16	
32	28	Stuart BOND	Skipton AC	00:25:17	PB

<u>19.01.2020</u>

Gargrave Half Marathon

A total of 232 runners took part.

1	Matthew Cardus	Settle Harriers	01:14:59
1	Rowena Leary	Norfolk Gazelles	01:30:04
40	Roger Humphreys	Skipton AC	01:36:18
77	Oliver Thomas	Skipton AC	01:46:50
78	Andrew Ellwood	Skipton AC	01:47:28
15	Hannah Rayner	Skipton AC	01:48:30
22	Michelle Miller	Skipton AC	01:53:27
	1 40 77 78 15	 Rowena Leary Roger Humphreys Oliver Thomas Andrew Ellwood Hannah Rayner 	 Rowena Leary Norfolk Gazelles Roger Humphreys Skipton AC Oliver Thomas Skipton AC Andrew Ellwood Skipton AC Hannah Rayner Skipton AC

Essar Four Villages Half Marathon

A total of 1,710 runners took part.

1	1	Mohammad Abu-Rezeq	Unaffiliated	01:06:14
1	1	Eleanor Whyman-Davis	Unaffiliated	01:14:31
362	324	Richard Annable	Skipton AC	01:32:14 9/56 Cat

Queensbury Cross Country

Men 9th Women 5th Vets 9th Super vets 12th Overall 9th