

Race Results week ending 7th July 2019:

Cambridge parkrun

A total of 499 runners took part.

1	1	Unknown ATHLETE	Unattached	00:17:31
4	1	Becky HAIR	Cambridge and Coleridge AC	00:18:31
317	84	Claire WOMBWELL	Skipton AC	00:29:29

Skipton parkrun

A total of 212 runners took part.

1	1	Jack LEAFE	South Derbyshire Road Runners AC	00:18:16
2	2	Samuel WILLIAM	Skipton AC	00:18:38
6	1	Amelie LANE	Wharfedale Harriers	00:19:39
19	15	Philip DEAN	Skipton AC	00:23:04
22	5	Rachel GAUNT	Skipton AC	00:23:36
28	6	Jodie BOLLAND	Skipton AC	00:23:53
38	28	Stuart BOND	Skipton AC	00:24:33
66	14	Emma LACEY	Skipton AC	00:26:28
70	55	Peter WOOD	Skipton AC	00:26:48
91	25	Hazel SMITH	Skipton AC	00:27:57
183	106	Julian HOOD	Skipton AC	00:39:26

Conwy parkrun

A total of 302 runners took part.

1	1	Sam LIDDELL	Unattached	00:18:04
9	9	Michael MCINNES	Skipton AC	00:20:16
27	1	Elisha PRICE	Unattached	00:21:38
56	4	Ann-Marie BULCOCK	Skipton AC	00:23:08 (1 st in Age Group)

Clifton parkrun

A total of 65 runners took part.

1	1	Stephen SHANKS	Victoria Park Harriers & Tower Hamlets AC	00:19:31
10	1	Stephanie Louise MUZZALL	Datchet Dashers	00:22:47
17	13	Giacomo SALICI	Skipton AC	00:24:01

Cliffe Castle parkrun

A total of 147 runners took part.

1	1	Peter Laurence KIRBY	Unattached	00:19:40
4	1	Sarah O'SULLIVAN	Keighley & Craven AC	00:22:04
86	29	Lynda HUTCHINS	Skipton AC	00:33:31

Conyngnam Hall parkrun

A total of 161 runners took part.

1	1	James IRELAND	Knaresborough Striders	00:19:11
20	1	Nicola CARTER	Knaresborough Striders	00:23:29
60	8	Sophie NEWBOULD	Skipton AC	00:27:32

HDSRL 4 Knaresborough

1		Rob Scott	Richmond & Zetland Harriers	MSEN	1/65	31:02
4		Julian Hood	Skipton AC	MV40	1/34	32:20 (1 st in Age Group)
23		Tim Chadwick	Skipton AC	MSEN	15/65	35:09

30	<i>Crystal Goecker Harrogate Harriers</i>		<i>FV40</i>	<i>1/33</i>	<i>35:59</i>
113	Ben Davies	Skipton AC	MSEN	45/65	41:09
118	Melanie Ives	Skipton AC	FSEN	7/31	41:30
155	Rachel Gaunt	Skipton AC	FV50	4/23	43:49
166	Patricia Gill	Skipton AC	FV50	7/23	44:26
190	David Gorman	Skipton AC	MV55	14/29	45:21
196	Sue Marshall	Skipton AC	FV55	4/26	45:34
228	Hazel Ives	Skipton AC	FV60	1/11	47:09 (1 st in Age Group)
231	Sophie Newbould	Skipton AC	FSEN	16/31	47:19
283	Emma Lacey	Skipton AC	FV50	12/23	50:26
284	Antony Radley	Skipton AC	MV50	31/36	50:29
299	Kathryn Radley	Skipton AC	FV50	14/23	51:09
318	Hazel Smith	Skipton AC	FV50	16/23	52:28

Leeds 10k

POS.	NAME	CAT.	CLUB	GUN TIME	CHIP TIME	GENDER POS.	CAT. POS.
1	<i>Scott Hinchcliffe</i>	<i>Male M</i>		<i>00:31:29</i>	<i>00:31:29</i>	<i>1</i>	<i>1</i>
70	<i>Nik Tarrega</i>	<i>Female F</i>		<i>00:38:06</i>	<i>00:38:06</i>	<i>1</i>	<i>1</i>
775	Jodie Bolland	Female F	Skipton AC	00:48:41	00:47:41	81	62
1453	Sophie Newbould	Female F	Skipton AC	00:53:12	00:52:11	187	138
2123	Hakan Aydin-Osmond	Male M	Skipton AC	00:55:28	00:55:18	1359	849
2219	Rachel Aydin	Female F40	Skipton AC	00:56:18	00:55:51	354	83

Rob Shepherd's Stirton Fell Race

1	<i>Robin Howie</i>	<i>M23</i>	<i>Wharfedale Harriers</i>	<i>00:37:10</i>
4	<i>Holly Page</i>	<i>FO</i>	<i>CVFR</i>	<i>00:40:21</i>
5	Tim Chadwick	MO		00:40:53
8	Andrew Cairns	MO	Skipton AC	00:42:19
62	Steve Hunn	M55	Skipton AC	01:09:32

A Foot in two Dales 50 Mile Ultra

1st man Peter Massey - 9hrs 40 mins

1st lady (3rd overall) Paula Jones - 11hrs 36 mins

Steve Hall, Karen Hood and Sue Marshall joint 11th in 13hrs 6 mins.

(134 competitors)

Bentham Beagles Bash 10k

1	<i>Simon Croft</i>		<i>Red Rose Runners</i>	<i>35:08</i>
17	Roger Humphreys	MV55	Skipton AC	46:44 (3 rd in Age Group)
19	<i>Sally Brassington</i>	<i>FV40</i>	<i>Lancaster & Morecambe</i>	<i>47:28</i>

Fairy Freckled Cow Trail Race

1	<i>37.50 Jon Bowie</i>	<i>Mercia Fell Runners</i>
13	<i>46.08 Amie Bagnall</i>	<i>Prestatyn Running</i>
36	52.08 Michael McInnes	Skipton AC (3 rd in Age Group)
46	53.55 Ann-Marie Bulcock	Skipton AC (1 st in Age Group)
96	65.54 Michael Davis	(formerly Skipton) achieved Silver in Wales Fell Championships