

Race Results week ending 24th June 2019:

Skipton parkrun

A total of 210 runners took part.

1	1	Unknown ATHLETE	Unattached	00:16:44
3	3	Samuel WILLIAM	Skipton AC	00:18:15
7	7	Tom CLARKE	Skipton AC	00:20:11
18	1	Laura BARTLETT	Unattached	00:21:51
21	20	Michael MCINNES	Skipton AC	00:22:04 250 th parkrun!
31	4	Rachel GAUNT	Skipton AC	00:23:24
49	40	David GORMAN	Skipton AC	00:25:08
54	10	Jessica FOX	Skipton AC	00:25:36
76	62	Peter WOOD	Skipton AC	00:26:33
96	77	Stuart BOND	Skipton AC	00:27:28

Bideford parkrun

A total of 113 runners took part.

1	1	James PUGSLEY	Bideford AAC	00:16:17
2	2	Julian HOOD	Skipton AC	00:17:07
9	1	Amy ALFORD	Unattached	00:20:45

Myrtle parkrun

A total of 144 runners took part.

1	1	Andrew HUMPHRIES	Airecentre Pacers RC	00:18:12
8	1	Yasmin SMALL	Unattached	00:21:52
79	18	Claire WOMBWELL	Skipton AC	00:30:22

Germany International Special Olympics National Games

Two Skipton AC disability athletes took part in their first ever international competition:

Az Qureshi

4x100m relay -gold,
800m -silver,
100m -bronze,

Dylan Lightowler

4x 100m relay -Gold
Shot putt -Gold
100m -silver

HDSRL 3 (Yeadon)

1	Jack Wood	Ilkley Harriers	MSEN	1/60	30:52
5	Julian Hood	Skipton AC	MV40	1/29	32:56
20	Tim Chadwick	Skipton AC	MSEN	14/60	35:37
38	Crystal Goecker	Harrogate Harriers & AC	FV40	1/36	37:24
79	Richard Annable	Skipton AC	MV60	1/10	40:22
127	Melanie Ives	Skipton AC	FSEN	6/30	43:51
161	Rachel Gaunt	Skipton AC	FV50	3/23	45:57
166	Patricia Gill	Skipton AC	FV50	4/23	46:09
201	Hazel Ives	Skipton AC	FV60	1/13	48:07
210	David Gorman	Skipton AC	MV55	17/24	48:30
217	Sue Marshall	Skipton AC	FV55	4/22	48:44
254	Matt Gaunt	Skipton AC	MV50	26/31	51:12

255	Hannah Rayner	Skipton AC	FV35	10/18	51:15
266	Michelle Miller	Skipton AC	FV35	11/18	52:21
294	Hazel Smith	Skipton AC	FV50	17/23	54:52
350	Emma Yiu	Skipton AC	FV40	32/36	1:01:07

Solstice Saunter

1	<i>Will Kerr</i>	<i>M40</i>	<i>1/35</i>	<i>31:00</i>
17	<i>Helen Staff</i>	<i>FSEN</i>	<i>1/161</i>	<i>37:12</i>
19	Michael Mcinnes	M40	5/35	37:27
72	Stuart Bond	M40	16/35	42:19
87	David Gorman	M55	8/30	43:11
98	Hilary Seward	F50	4/58	44:16
135	Sophie Newbould	FSEN	18/161	46:13
173	Tina Brocklebank	F45	15/93	47:57
181	Graham Hoggarth	MSEN	31/50	48:19
248	Hazel Smith	F50	10/58	50:46
333	James Robertson	MSEN	38/50	53:58
365	Chris Rose	F65	4/13	55:00
382	Paul Norman	M55	19/30	55:26
430	Lynda Hutchins	F60	12/30	57:53
449	Ruth Elkington	F55	19/39	58:25
509	Tammy Johnson	F40	86/129	1:00:15
552	Anila Avison	F60	19/30	1:02:14
583	Sue O'Rorke	F45	59/93	1:04:55

Bradford Millenium Way Relay

Full results can be found on the Saltaire Striders website and are attached separately but the final results out of 54 teams is as follows:

Pos	No.	Team Name	Category	Total Time
1	14	<i>Ribble Valley</i>	<i>Open</i>	<i>5:44:48</i>
29	11	Skipton AC Vets	Vets	7:51:13
38	12	Skipton AC A	Open	8:26:47
50	13	Skipton AC B	Vets	9:39:59

Spine Flare

Vanessa Ford took part in this 'brutal' trail ultra marathon and completed 46.5 miles.

Hawkshead 10k

Dave Gorman completed this in 47:55