

Race Results week ending 15th September 2019:

Skipton parkrun

A total of 201 runners took part.

1	1	Samuel WILLIAM	Skipton AC	00:17:40 New PB!
5	5	Tom CLARKE	Skipton AC	00:20:12
7	1	Ruby FIRTH	Bingley Harriers and AC	00:20:27
17	14	Ben DAVIES	Skipton AC	00:21:40
34	28	David GORMAN	Skipton AC	00:24:00
39	7	Hilary SEWARD	Skipton AC	00:24:10
54	44	Triss KENNY	Skipton AC	00:25:24
66	54	Peter WOOD	Skipton AC	00:26:23
99	25	Hazel SMITH	Skipton AC	00:28:09

Pendle parkrun

A total of 137 runners took part.

1	1	Harry BEECHEY	Unattached	00:19:44
9	1	Joss WAITING	Trawden AC	00:21:39
17	16	Michael MCINNES	Skipton AC	00:22:51
29	6	Ann-Marie BULCOCK	Skipton AC	00:23:58
40	33	Neil WILKINSON	Skipton AC	00:25:57

Dolgellau parkrun

A total of 73 runners took part.

1	1	Owen ROBERTS	Unattached	00:16:38
11	1	Debbie CATTERMOLE	Colchester Harriers AC	00:22:09
41	13	Janet COUTTS	Skipton AC	00:29:25

Blackpool parkrun

A total of 344 runners took part.

1	1	Michael BRENT-REID	Blackpool, Wyre & Fylde AC	00:18:03
21	1	Lilly PINDER	Unattached	00:21:45
51	47	Oliver THOMAS	Skipton AC	00:23:51

Clifton parkrun

A total of 65 runners took part.

1	1	Oliver MATHARU	Holme Pierrepont RC	00:17:20
11	1	Charlotte KENNY	Holme Pierrepont RC	00:21:37
28	24	Giacomo SALICI	Skipton AC	00:24:35

Clapham Common parkrun

A total of 736 runners took part.

1	1	Seyfu JAMAAL	Unattached	00:15:15
56	1	Margaret LEONARD	Clapham Chasers RC	00:20:13
411	111	Martha RADLEY	Skipton AC	00:27:37

Myrtle parkrun

A total of 166 runners took part.

1	1	Unknown ATHLETE	Unattached	00:17:47
13	1	Emma SIMMONS	Pocklington Runners	00:21:38
73	13	Claire WOMBWELL	Skipton AC	00:28:33

Across Wales Walk

Steve Hall completed the Across Wales Walk (45 miles) on Saturday 7th September and finished in 26th place in 12 hrs 57 mins.

Cumbrian Traverse

Martin Hancock completed the Cumbrian Traverse (35 miles) on Saturday 7th Sept in 9 hours 18 mins.

Lancaster Castle 10k

Position Actual Time Race No Surname First Name Club Name Category Sex

1	00:35:27	Dorrian Andrew	Hoad Hill Harriers M
6	00:40:34	Ralph Annabel	Blackburn Harriers F
44	00:51:05	Newbould Sophie	Skipton AC F
57	00:52:43	Lacey Emma	Skipton AC V50 F

The Yorkshire Downhill Time Trial

	Run 1	Run 2
Martin Howard	00:06:18	00:06:09
Lucy Needham	00:08:50	00:08:49
Derek Ives	00:09:30	00:09:45
Sue Marshall	00:10:12	00:09:47 2nd Female

Vale of York Half Marathon

1	Dominic Shaw	New Marske Harriers AC	MSEN	1/209	1:07:45
23	Julian Hood		M40	7/146	1:17:08
60	Charlotte Mason	City of York AC	FSEN	1/163	1:22:16

Embsay Fell Race

1	Simon Bailey	Man	18:32 Mercia 1st Man
10	Tim Chadwick	Man	21:18 Skipton AC
11	Julian Hood	MV40	21:45 Skipton AC
14	Gavin Smith	Man	22:00 Skipton AC
29	Tom Clarke	Man	24:01 Skipton AC
35	Rachel Carter	LV40	24:42 Ilkley Harriers 1st Lady/1st LV40
51	Ben Davies	Man	26:30 Skipton AC
57	Robert Wills	MV40	26:48 Skipton AC
58	Michael McInnes	MV40	26:52 Skipton AC
60	Gareth Dixon	Man	27:02 Skipton AC
64	Mel Ives	Lady	27:16 Skipton AC
71	Ann-Marie Bulcock	LV50	28:28 Skipton AC 2 nd in Age
73	Derek Ives	MV60	28:51 Skipton AC
76	Melanie Steventon	Lady	29:01 Skipton AC
79	Sue Marshall	LV50	29:18 Skipton AC 3 rd in Age
88	Hazel Ives	LV50	29:56 Skipton AC
95	Peter Wood	MV60	31:49 Skipton AC
96	Sarah Wills	LV40	31:50 Skipton AC
111	Steve Hunn	MV50	38:50 Skipton AC

Under 12s

1	Rowan Ashworth	Boy	09:00 Ambleside 1st Boy
12	Lucille Pickles	Girl	09:57 Barlick FR 1st Girl
39	Rita Box	Girl	11:19 Skipton AC
54	Rohan Benn	Boy	12:34 Skipton AC

55	Ava Onoszko Girl	12:39 Skipton AC
62	Ella Anderson Girl	13:07 Skipton AC
63	Lily Tiffany Girl	13:08 Skipton AC

Under 9s

1	Isaac Reeday Boy	04:32 Barlick FR 1st Boy
5	Elena Hooper Girl	04:47 Wharfedale Harriers 1st Girl
11	Seth Box Boy	05:06 Skipton AC

Beckbusters 10k

1	Reece Dalton	Richmond & Zetland Harriers	MSEN	1/41	35:05
29	Lynn Birchall	Stadium Runners	F40	1/69	43:18
89	Hilary Seward	Skipton AC	F50	1/26	50:08
142	Michael Fothergill	Skipton AC	M60	7/11	54:29

Abraham Cafe Tea Round, Keswick

Martin Hancock completed an Abraham Cafe Tea Round (30 miles) on Saturday (14th Sept) in 9 hours 07 mins.

Ironman, Wales

Name	Div	Gender	Overall	Swim	Bike	Run	Finish
Guilloux, Arnaud	FRA	1	1	00:52:56	04:49:11	02:56:48	08:48:06
Mitchell, Simone	GBR	1	12	00:58:29	05:22:32	03:10:46	09:41:52
Butterworth, Jayne	GBR	2	74	01:27:24	07:22:32	04:48:59	13:59:21 2nd in AGE