

## Race Results week ending 14<sup>th</sup> July 2019:

### Burnley parkrun

A total of 393 runners took part.

|     |    |                    |                         |          |
|-----|----|--------------------|-------------------------|----------|
| 1   | 1  | Calum James HOLMES | Blackburn Harriers & AC | 00:17:48 |
| 10  | 1  | Emma BAILEY        | Barlick Fell Runners    | 00:20:19 |
| 115 | 16 | Sophie NEWBOULD    | Skipton AC              | 00:25:46 |

### Skipton parkrun

A total of 219 runners took part.

|    |    |                   |                         |                                    |
|----|----|-------------------|-------------------------|------------------------------------|
| 1  | 1  | Samuel WILLIAM    | Skipton AC              | 00:18:19                           |
| 5  | 5  | Tom CLARKE        | Skipton AC              | 00:20:16                           |
| 6  | 1  | Ruby FIRTH        | Bingley Harriers and AC | 00:20:20                           |
| 7  | 6  | Michael MCINNES   | Skipton AC              | 00:20:30                           |
| 13 | 12 | James ELLIS       | Skipton AC              | 00:21:45 New PB!                   |
| 24 | 5  | Rachel GAUNT      | Skipton AC              | 00:22:45                           |
| 28 | 6  | Ann-Marie BULCOCK | Skipton AC              | 00:23:00                           |
| 55 | 46 | Aziz KARSLI       | Skipton AC              | 00:25:15                           |
| 80 | 65 | Neil WILKINSON    | Skipton AC              | 00:26:30 50 <sup>th</sup> parkrun! |

### Fell Foot parkrun, Newby Bridge

A total of 303 runners took part.

|     |    |                 |                   |          |
|-----|----|-----------------|-------------------|----------|
| 1   | 1  | Unknown ATHLETE | Unattached        | 00:17:23 |
| 23  | 1  | Bianca DYER     | Helm Hill Runners | 00:20:29 |
| 119 | 97 | Antony RADLEY   | Skipton AC        | 00:26:38 |
| 131 | 26 | Kathryn RADLEY  | Skipton AC        | 00:26:57 |

### Clifton parkrun

A total of 64 runners took part.

|    |    |                 |              |          |
|----|----|-----------------|--------------|----------|
| 1  | 1  | Damian NADIN    | Unattached   | 00:20:08 |
| 4  | 1  | Jennifer MCBAIN | Alchester RC | 00:20:50 |
| 14 | 12 | Giacomo SALICI  | Skipton AC   | 00:23:35 |

### Cliffe Castle parkrun

A total of 134 runners took part.

|    |    |                    |                      |          |
|----|----|--------------------|----------------------|----------|
| 1  | 1  | Christopher LOFTUS | Keighley & Craven AC | 00:18:44 |
| 19 | 1  | Harisah GHAFOR     | Keighley & Craven AC | 00:25:22 |
| 42 | 30 | Peter WOOD         | Skipton AC           | 00:29:12 |

### Addingham Gala Fell Race

|    |       |                              |
|----|-------|------------------------------|
| 1  | 38:53 | Gary Priestley, Salford      |
| 6  | 44:42 | Tim Chadwick, Skipton        |
| 8  | 45:28 | Andrew Cairns, Skipton       |
| 16 | 48:58 | Kate Archer, Ilkley Harriers |
| 30 | 56:34 | Philip Dean, Skipton         |

### Burton Leonard 10k

|     |                 |     |                         |           |
|-----|-----------------|-----|-------------------------|-----------|
| 1   | Andrew Grant    | M40 | Harrogate Harriers & AC | 0:34:48.8 |
| 38  | Emma Sorby      | F   | Ripon Runners           | 0:43:02.4 |
| 178 | Sophie Newbould | F   | Skipton AC              | 0:55:07.2 |

### Skirfare Trail Half

| Overall | Name           | AgeCat | M/F | Rank | Age | Net Time |
|---------|----------------|--------|-----|------|-----|----------|
| 1.      | Jonathan Cox   | MOpen  |     | 1.   | 1.  | 1:54:13  |
| 2.      | Julian Hood    | M40+   | 2.  |      | 1.  | 1:54:45  |
| 8.      | Heather Tuffs  | FOpen  | 1.  |      | 1   | 2:13:36  |
| 21.     | James Rochfort | M40+   | 19. |      | 9.  | 2:34:39  |
| 36.     | Tricia Gill    | F50+   | 5.  |      | 1.  | 2:50:46  |
| 48.     | Stuart Bond    | M40+   | 40. |      | 16. | 3:01:06  |

### Ilkley Half

|      |                            |                    |     |         |          |
|------|----------------------------|--------------------|-----|---------|----------|
| 1    | Jack Cummings              | Ilkley Harriers Ac | SNR | 1/334   | 01:11:24 |
| 28   | Caroline Turner            |                    | SNR | 1/286   | 01:25:04 |
| 90   | Michael Mcinnes            | Skipton AC         | V40 | 32/321  | 01:33:04 |
| 452  | Karen Chown (Aziz Kharsli) | Skipton AC         | V50 | 11/139  | 01:49:11 |
| 1189 | Gillian Elsworth           | Skipton AC         | V50 | 72/139  | 02:12:06 |
| 1190 | Rebecca Malin              | Skipton AC         | V40 | 181/287 | 02:12:06 |
| 1436 | Ruth Elkington             | Skipton AC         | V50 | 111/139 | 02:25:57 |

### Carleton Sheeplechase 10k

|    |                  |                                |
|----|------------------|--------------------------------|
| 1  | Stuart Hunn      | 53:06                          |
| 5  | Tom Clarke       | 59:20                          |
| 8  | Mel Ives         | 1:07:28 1 <sup>st</sup> Female |
| 18 | Dave Ferguson    | 1:24:10                        |
| 35 | Angela Dowbiggin | 2:11:00 (Sweep)                |

### Go Tri Skipton

| Pos | Gender | Pos | First Name | Last Name | Finish time |
|-----|--------|-----|------------|-----------|-------------|
| 1   | 1      |     | Ryan       | Kavanagh  | 00:35:49    |
| 9   | 1      |     | Carol      | Young     | 00:40:28    |
| 16  | 4      |     | Annmarie   | Bulcock   | 00:44:26    |