## Race Results week ending $14^{\text {th }}$ April 2019:

Well done to all the runners, swimmers and cyclists this week with a special mention to the volunteers; there were loads of SAC members doing their bit this weekend and these events can't happen without them!

## Newcastle parkrun

A total of 634 runners took part.

| 1 | 1 | Matty LINSLEY | Gateshead Harriers \& AC 00:16:09 |  |
| :--- | :--- | :--- | :--- | :--- |
| 23 | 1 | Sophie MARR | Tyne Bridge Harriers 00:18:57 |  |
| 263 | 53 | Martha RADLEY | Skipton AC | 00:25:41 |
| 341 | 83 | Kathryn RADLEY | Skipton AC | $00: 27: 21$ |
| 342 | 259 | Antony RADLEY | Skipton AC | $00: 27: 22$ |

## Halifax parkrun

A total of 155 runners took part.

| 1 | 1 | Harry JOHNSON | Halifax Harriers \& AC 00:17:47 |
| :--- | :--- | :--- | :--- | :--- |
| 11 | 1 | Joanne HORAN | Queensbury RC 00:20:33 |
| 24 | 22 | James KIRKPATRICK | Skipton AC 00:23:05 |

## Skipton parkrun

A total of 219 runners took part.

| 1 | 1 | Unknown ATHLETE | Unattached | 00:17:20 |
| :--- | :--- | :--- | :--- | :--- |
| 5 | 1 | Indira PATEL | Dacorum \& Tring AC 00:19:56 |  |
| 13 | 11 | Michael MCINNES | Skipton AC | $00: 21: 33$ |
| 47 | 8 | Sophie NEWBOULD | Skipton AC | $00: 24: 42$ |
| 64 | 16 | Jessica FOX | Skipton AC | 00:25:40 NEW PB! |
| 67 | 51 | Peter WOOD | Skipton AC | $00: 25: 45$ |
| 133 | 47 | Mel IVES | Skipton AC | $00: 29: 52$ |
| 144 | 53 | Lynda HUTCHINS | Skipton AC | $00: 31: 52$ |

## Crewe parkrun

A total of 383 runners took part.

| 1 | 1 | Edward PETTITT | Vale Royal AC | $00: 17: 32$ |
| :--- | :--- | :--- | :--- | :--- |
| 11 | 1 | Sophie SMITH | Vale Royal AC | $00: 20: 05$ |
| 58 | 54 | Stuart BOND | Skipton AC | $00: 23: 24$ |

## Myrtle parkrun

A total of 187 runners took part.

| 1 | 1 | Huseen USUIE | Bingley Harriers and AC 00:17:41 |
| :--- | :--- | :--- | :--- |
| 13 | 1 | Grace DAWSON Bingley | Harriers and AC 00:21:48 |
| 87 | 23 | Claire WOMBWELL | Skipton AC |

Northern Masters Track \& Field Series
1500m

| 1 Michael Williams | Burnley | $05: 06.8$ M35 |
| :--- | :--- | :--- |
| 3 Alina Stepanchuck | Salford Met | $05: 24.8$ W35 |
| 5 Richard Annable | Skipton AC | $05: 40.8$ M60 1 ${ }^{\text {ST }}$ IN AGE |

3000m
1 Ian Fraser
East Cheshire 10:56.5 M50
Skipton AC 11:48.9 M60 1 ${ }^{\text {ST }}$ IN AGE
6 Richard Annable
Halifax Harriers 12:18.1 W50

## Burnsall Half

| Pos. Name | MF | rank Age | rank | Net time |
| :---: | :---: | :---: | :---: | :---: |
| 1. Ted Mason | M40+ | 1. | 1. | 1:27:20 |
| 12. Donna Edmondson-Booker | F40+ | 1. | 1. | 1:47:45 |
| 54. James Rochfort | M40+ | 46. | 17. | 2:04:11 |
| 55. Karen Chown | F50+ | 9. | 2. | 2:04:12 |
| 105. Tina Brocklebank | F40+ | 31. | 11. | 2:19:59 |
| 168. Rebecca Jones | FOpen | 77. | 36. | 2:41:59 |
| 170. Barbara Robinson | F60+ | 79. | 2. | 2:42:39 |
| 178. Sarah Millington | F40+ | 86. | 29. | 2:45:10 |
| 179. Hazel Smith | F50+ | 87. | 16. | 2:45:10 |
| 181. Rebecca Malin | F40+ | 89. | 30. | 2:47:37 |
| 182. Gillian Elsworth | F50+ | 90. | 18. | 2:47:39 |

## Skipton Triathlon

| Name | Swim | T1 | Cycle | T2 | Run | Overall |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Carl Shaw | $00: 04: 46$ | 00:01:44 | $00: 34: 21$ | $00: 00: 43$ | $00: 18: 31$ | $01: 00: 04$ |
| Britt May Tate | $00: 05: 25$ | 00:02:21 | $00: 39: 01$ | $00: 00: 55$ | $00: 21: 16$ | $01: 08: 58$ |
| Ben Davies | $00: 07: 17$ | $00: 02: 04$ | $00: 45: 08$ | $00: 01: 05$ | $00: 22: 36$ | $01: 18: 10$ |
| Tom Clarke | $00: 09: 51$ | $00: 03: 20$ | $00: 48: 11$ | $00: 01: 57$ | $00: 21: 33$ | $01: 24: 52$ |
| Jayne Butterworth | $00: 08: 56$ | $00: 03: 20$ | $00: 47: 27$ | $00: 01: 12$ | $00: 24: 15$ | $01: 25: 092^{\text {ND }}$ IN AGE |
| Annmarie Bulcock | $00: 14: 30$ | $00: 04: 54$ | $00: 55: 55$ | $00: 01: 13$ | $00: 24: 01$ | $01: 40: 32$ |
| Paul Norman | $00: 09: 51$ | $00: 05: 22$ | $00: 57: 33$ | $00: 02: 08$ | $00: 32: 19$ | $01: 47: 12$ |
| Giacomo Salici | $00: 09: 22$ | $00: 01: 58$ | $01: 12: 22$ | $00: 00: 42$ | $00: 25: 36$ | $01: 50: 00$ |

Vale of York 10

| Position | Name | Club | Age Grade | Cat. | Cat. Position | Net Tim |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Steve Littler | Wesham Road Runners \& AC 87.7 \% |  | M45 | 1/92 | 53:47 |
| 44 | Kathryn Stevenson | Tyne Bridge Harriers | 84.2 \% | F45 | 1/119 | 1:03:36 |
| 590 | James Robertson |  | 50.7 \% | M35 | 62/68 | 1:26:59 |
| 1013 | Janet Coutts | Skipton AC | 61.0\% | F60 | 14/23 | 1:44:14 |

