DENTDALE RUN 2013

Under UK Athletic Rules

British Association of Road Races MEMBER

A CHARITY EVENT WITH ALL PROCEEDS GOING TO DENT C OF E PRIMARY SCHOOL

Licence No 2013-105093	Saturday 09 March 2013 - Start at 1.00pm	14 miles 379 yards	Grid Ref 70458705

PLEASE COMPLETE IN BLOCK CAPITALS

Surname		Sex (Please Tick)	M F
First Name		Age on Race Day	
Address *1		Ran in 2011 race?	Y N
Address *2			
Address *3	UKA Registration No		
Post Code	Club		
email			

Competitors must be 17 years of age or over on the day of the race

Closing date for advance entries 01 March
Race limit – 700 Runners
FREE Refreshments for Runners

Entry Fees: Affiliated Club Members £10.00
Unattached runners £12.00
Results available online www.dentdale.com

Entries will be accepted on the day for a £2 supplement on the above fees

I declare that I am an amateur as defined by UK Athletics laws and agree to abide by UKA laws. I am medically fit to run and I enter at my own risk. I understand that neither the organisers nor the sponsors are responsible for any injury or illness incurred by me during, or as a result of the race. Neither are they responsible for any of my personal property lost, stolen or damaged. Competitors are responsible for noting any relevant medical information which may prove useful in the event of a medical emergency (e.g. allergies, asthmatics etc) on the reverse of the race numbers. Waterproof markers will be provided for this purpose on race day.

Runners please note that for the safety of race marshalls there will be a cut off time at Church Bridge at approx 14.20 hrs. Marshalls and first aid cover will be withdrawn at that point and competitors continue at their own risk. A finishing time may not be available.

Signed ..... Date .....

PLEASE SEND A 9" X 6" STAMPED ADDRESSED ENVELOPE
to The Dentdale Run, Dent C of E Primary, The Laning, Dent, Cumbria, LA10 5QJ
Cheques to be made payable to 'The Dentdale Run Committee'

ENTRY FORM

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