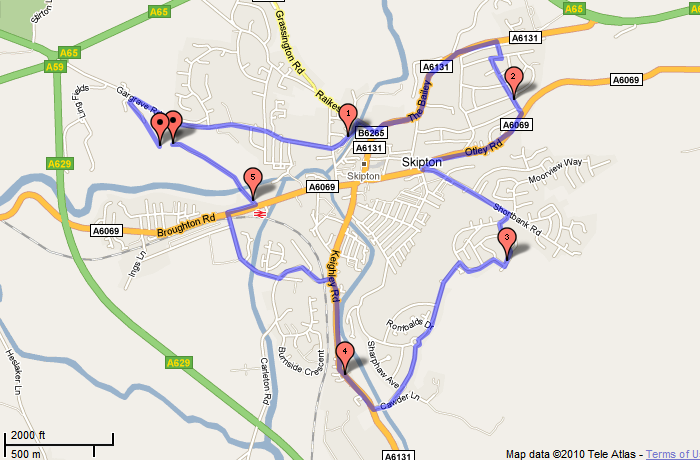
**Town circular (forwards & backwards)**

Longer 7.2 miles: <http://www.gmap-pedometer.com/?r=2293833>



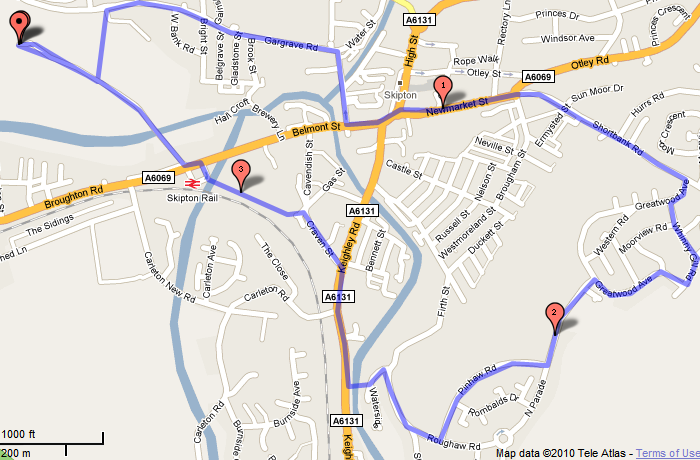
**Town circular (forwards & backwards)**

Medium 5.35 miles: <http://www.gmap-pedometer.com/?r=4109817>



**Town circular (forwards & backwards)**

Shorter 3.48 miles: <http://www.gmap-pedometer.com/?r=4111527>



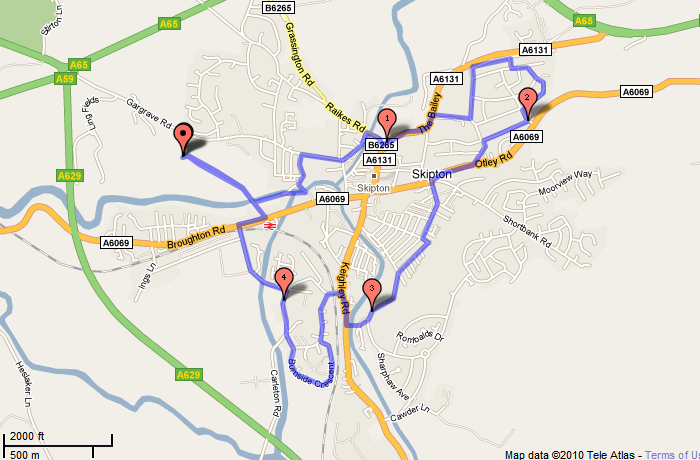
**Central Town**

Longer 6.5 miles: <http://www.gmap-pedometer.com/?r=2293871>

****

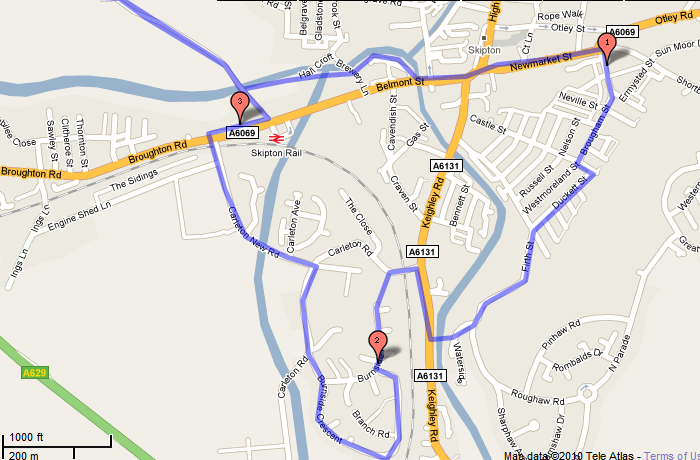
**Central Town**

Medium 4.83 miles: <http://www.gmap-pedometer.com/?r=4109831>

****

**Central Town**

Shorter 3.42 miles: <http://www.gmap-pedometer.com/?r=4111550>



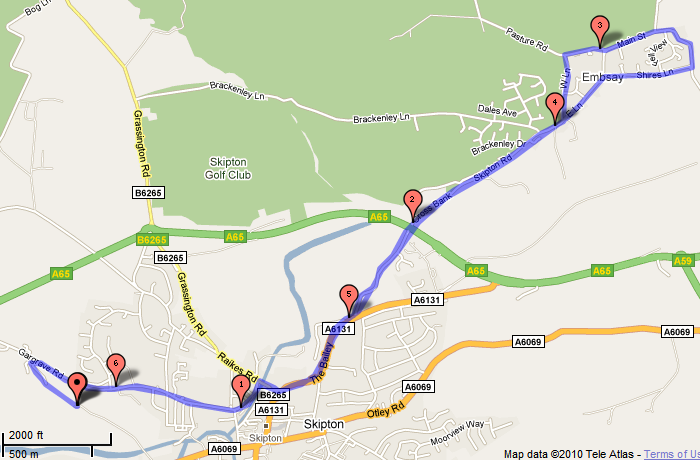
**Embsay / Eastby**

Longer ‘last light’: 8.25: <http://www.gmap-pedometer.com/?r=2293850>

Medium ‘Embsay Loop’: 6.55: <http://www.gmap-pedometer.com/?r=2303704>

Shorter ‘Cavendish’ 5.16 miles:

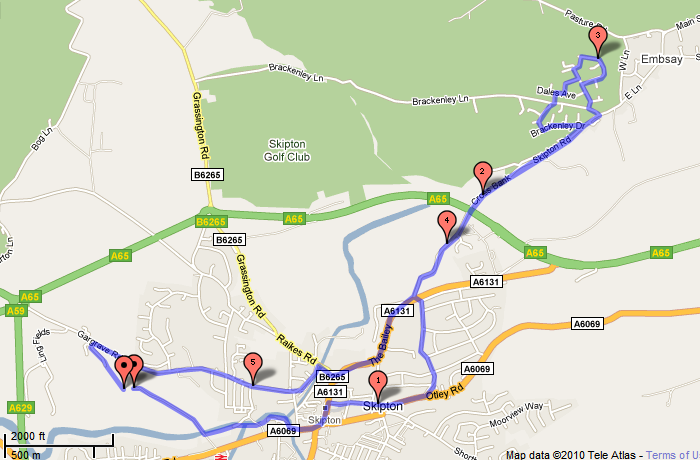
Shorter ‘Past top of Bailey’ 3.3 miles:

****

**North-East town**

Longer 7.3 miles: as medium plus Embsay loop

Medium 5.8 miles: <http://www.gmap-pedometer.com/?r=4109571>



**North-East town**

Shorter 3.1 miles: <http://www.gmap-pedometer.com/?r=4109589>

